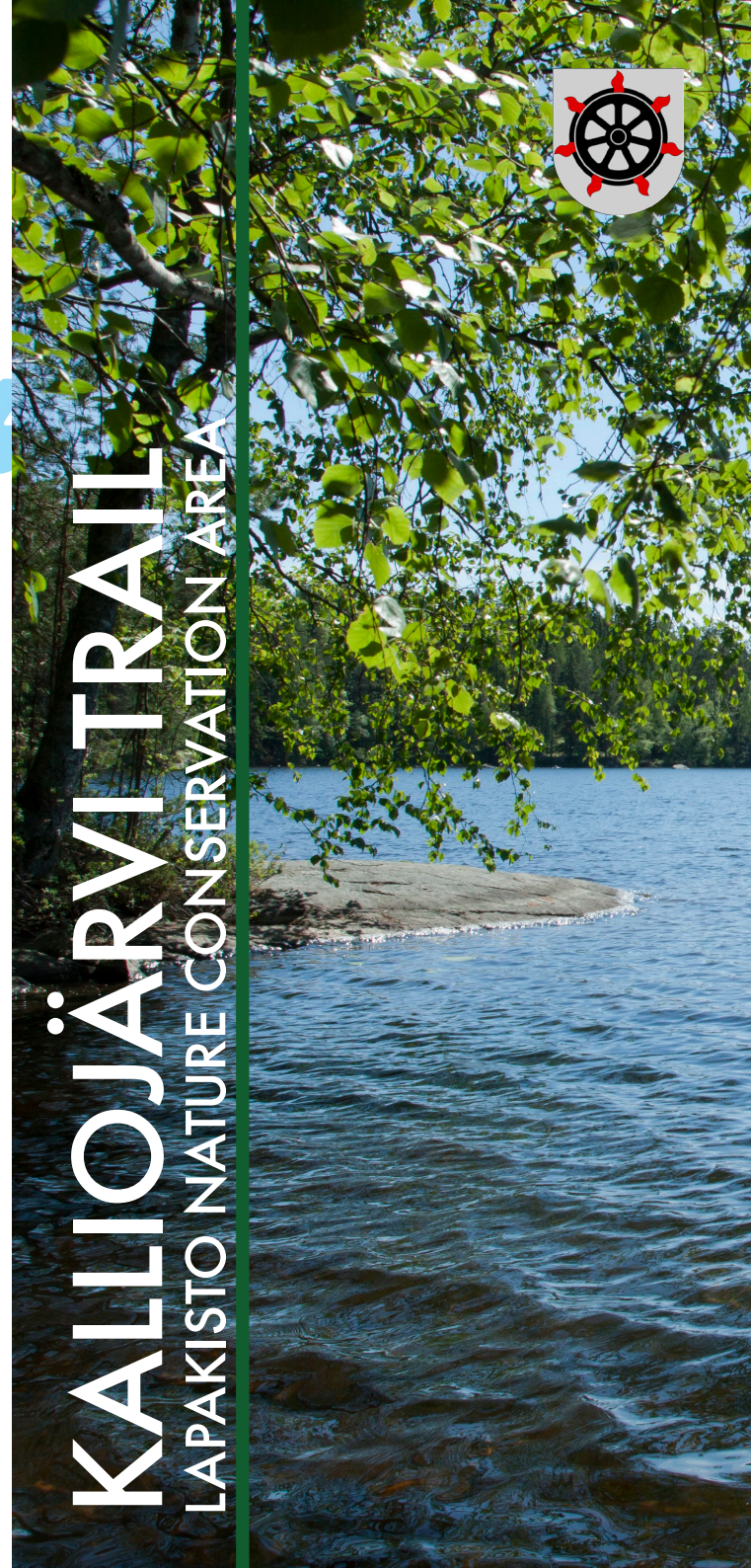


# KALLIOJÄRVI TRAIL

## LAPAKISTO NATURE CONSERVATION AREA



The Kalliojärvi trail is perfect for anybody who loves nature but especially for a birdwatchers. If you're up early on a spring morning, you may well hear black grouses' lek and even catch a glimpse of these beautiful birds on the old logging site or at the top of a pine.

This trail is easily reached from the Sammalisto trail. The Kalliojärvi trail leads from the shore of Sammalisto shore, to the right from the top of a small cliff.

It starts with a gentle climb to a young pine forest – and the beginning is easy, and the trail is wide. After a while, it crosses a ditch that is easy to leap over, at least when the weather has been dry.

shoreline. This rock extends some way underwater, which makes for a great place for a swim, though it's also a wonderful location for just basking in the sun. You can recognise the spot by the big rock standing there.

The route keeps following the waterfront but soon arrives at a crossroads and leads to the left. If you want to make a longer circuit and combine your trek with the Pitkäjärvi trail, it is also possible to just go straight on and follow the Ahvenlammi trail from here.

After a gentle ascent the trail goes down again and you



Tip! It is possible to see the following birds along the Kalliojärvi trail. Take a birdwatcher's handbook with you, and mark your sightings here!

- |   |  |
|---|--|
| <input type="checkbox"/> Black woodpecker   | <input type="checkbox"/> Common cuckoo       |
| <input type="checkbox"/> European blackbird | <input type="checkbox"/> European nightjar   |
| <input type="checkbox"/> European robin     | <input type="checkbox"/> Eurasian woodcock   |
| <input type="checkbox"/> Common chaffinch   | <input type="checkbox"/> Black grouse        |
| <input type="checkbox"/> Great tit          | <input type="checkbox"/> Common goldeneye    |
| <input type="checkbox"/> Blue tit           | <input type="checkbox"/> Eurasian wigeon     |
| <input type="checkbox"/> Crested tit        | <input type="checkbox"/> Whooper swan        |
| <input type="checkbox"/> Long-tailed tit    | <input type="checkbox"/> Black-throated loon |

The trail winds further and then takes a sharp turn to the right just before a large pine. After this, it starts a descent downwards. Soon you will arrive at a forest road, and, after a dip in the path, a wide trail separates from the road towards Kalliojärvi. A short while later, the lake soon appears behind the trees. The trail continues down to the left, leading to the shore. There is a lean-to shelter by Kalliojärvi that bathes in the morning sunlight.

Passing the shelter, the trail continues along the water. This section starts off rocky but soon becomes easier, and after a brisk five-minute walk, you will come to a flat rock at the

will see a small and beautiful swampy lake. There are a lot of different types of berries growing near the path. The trail starts climbing up again and arrives back at the forest road, by some old forest-machinery tracks. The Kalliojärvi trail continues to the left on a wooden pathway.

After this pathway, the trail is easy and wide, and it soon reaches the Sammalisto shoreline. There you will find a popular lean-to shelter and a campfire site, where camping is also allowed. It is only a couple of hundred metres from here back to the starting point of the Kalliojärvi trail.

